

BETH'S CAFÉ BEACH MENU

Yogurt, fruit, house made granola parfaits	\$12
Daily Quiche and Salad (veg or meat option)	\$14
Grilled Avocado Panini – avocado, tomato, sprouts, cheddar, mango chutney	\$15.5
Turkey club – fresh roasted turkey, bacon, lettuce & tomato	\$15.5
Vietnamese Chicken sandwich with spicy slaw	\$15.5
Roasted vegetable baguette with basil vinaigrette	\$15.5
Curry chicken sandwich – raisin WALNUT bread	\$15.5
Tuna Salad Sandwich on 7 grain	\$15.5
Hamburger – lettuce and tomato	\$14.5
Cheeseburger – cheddar cheese, lettuce and tomato	\$15.5
Foot Long Hot Dog	\$12.5
Chicken Fingers	\$10
Grilled Cheese Sandwich – cheddar cheese	\$12.5
Local Kale Caesar salad	\$13
Greek Salad – cucumber, tomato, peppers, grape leaves, feta	\$13
Add chicken or shrimp to salad	\$ 7
Cobb salad – avocado, blue cheese, tomatoes, roasted turkey, miso dressing	\$20
Guacamole & Chips	\$9.5
Crudité with Hummus and Olives	\$9.5
Sweet potato waffle fries	\$6.5
Shoestring fries	\$6.5
Fruits Bowl	\$6.5
Mega Green Fresh Pressed Juice	\$10.5/\$12.5
Minty Orange Fresh Pressed Juice	\$10.5/\$12.5
Assorted Candy and Chips	
Coffee, cold brew iced coffee, iced tea, lemonade, sodas	